

**Ahmednagar Jilha Maratha Vidya Prasarak Samaj's
New Arts, Commerce, and Science College, Ahmednagar
(Autonomous)
(Affiliated to Savitribai Phule Pune University, Pune)**



**National Education Policy (NEP)
Choice Based Credit System (CBCS)**

**Programme Skeleton and Syllabus of
Open Elective (OE)**

**Mental and Moral Sciences
(Philosophy and Psychology)**

**Implemented from
Academic Year 2023-24**

Credit Distribution: UG Programme

	Type of Courses	III Yr	IV Yrs (Honours)	IV Yrs Research
Major Marathi	Discipline-Specific Courses (DSC)	46	74	66
	Discipline Specific Elective (DSE)	08	16	16
	Skill Enhancement Courses (SEC)	06	06	06
	Vocational Skill Courses (VSC)	08	08	08
	On-Job Training (OJT)	04	08	04
	Field Project (FP)	04	04	04
	Community Engagement and Service (CEP)	02	02	02
	Research project	00	00	12
	Research Methodology	00	04	04
	Total (I, II and III Year)	78	122	122
Minor	Minor	20	20	20
Other Courses	Open Elective (OE)/ Multidisciplinary Courses	12	12	12
	Indian Knowledge System	02	02	02
	Co-Curricular Courses	08	08	08
	Ability Enhancement Courses	08	08	08
	Value Education Courses	04	04	04
	Total		132	176

Bucket list of Open Elective Courses (OE) offered by the college

Sr. No.	School/Department	Department	Credits/Course	Courses	Total Credits
1.	Marathi	Marathi	03	04	12
2.	Hindi	Hindi	03	04	12
3.	English	English	03	04	12
4.	Economics	Economics	03	04	12
5.	Social Sciences	History, Political Science Sociology, Defense Studies	03	04	12
6.	Mental and Moral Sciences	Philosophy Psychology	03	04	12
7.	Music	Music	03	04	12
8.	Commerce	Commerce	03	04	12
9.	Management	BBA and BBA (CA)	03	04	12
10.	Chemical Science	Chemistry	03	04	12
11.	Life Sciences	Botany, Zoology, Microbiology, and Biotechnology	03	04	12
12.	Physical Sciences	Physics and Electronics	03	04	12
13.	Mathematical Science	Mathematics and Statistics	03	04	12
14.	Computational Science	CASAS	03	04	12
15.	Media Studies	Communication Studies and Animation	03	04	12
16.	Earth and Environmental Science	Geography and Environmental Science	03	04	12

List of OE under the Faculty of Science
Open for Commerce and Humanities(Arts)

Sr. No.	Offering Departments	OE-01	OE-02	OE-03	OE-04
	Credits	03	03	03	03
1.	Chemical Science	ABC	ABC	ABC	ABC
2.	Life Sciences	ABC	ABC	ABC	ABC
3.	Physical Sciences	ABC	ABC	ABC	ABC
4.	Mathematical Science	ABC	ABC	ABC	ABC
5.	Computational Science	ABC	ABC	ABC	ABC
6.	Media Studies	ABC	ABC	ABC	ABC
7.	Earth and Environmental Science	ABC	ABC	ABC	ABC

List of OE under the Faculty of Commerce
Open for Humanities (Arts) and Science

Sr. No.	Offering Departments	OE-01	OE-02	OE-03	OE-04
	Credits	03	03	03	03
1.	Commerce	ABC	ABC	ABC	ABC
2.	Management	ABC	ABC	ABC	ABC

List of OE under the Faculty of Humanities(Arts)
Open for Commerce and Science

Sr. No.	Offering Departments	OE-01	OE-02	OE-03	OE-04
	Credits	03	03	03	03
1.	Marathi	ABC	ABC	ABC	ABC
2.	Hindi	ABC	ABC	ABC	ABC
3.	English	ABC	ABC	ABC	ABC
4.	Economics	ABC	ABC	ABC	ABC
5.	Social Sciences	ABC	ABC	ABC	ABC
6.	Mental and Moral Sciences	Philosophy of Mind	ABC	Philosophy of Mindfulness	ABC
7.	Music	ABC	ABC	ABC	ABC

Programme Framework (Courses and Credits): Open Elective (OE) in Life Sciences

Sr. No.	Year	Semester	Level	Course Type	Course Code	Title	Credits
1.	I	I	4.5	OE-01	OE-01	Philosophy of Mind	03
2.	I	II	4.5	OE-02	OE-02	Mind Management-I	03
3.	I	III	5.0	OE-03	OE-03	Philosophy of Mindfulness	03
4.	I	IV	5.0	OE-04	OE-04		03
						Mind Management-II	12

Ahmednagar Jilha Maratha Vidya Prasarak Samaj's
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(Autonomous)
Syllabus
Open Elective (OE)

Title of the Course: Philosophy of Mind								
Year: I					Semester: I			
Course Type	Course Code	Credit Distribution		Credits	Allotted Hours	Allotted Marks		
		Theory	Practical			CIE	ESE	Total
OE-1	OE-1	03	00	03	45	30	70	100

Learning Objectives: The philosophy of mind is one of the most exciting areas within philosophy. This course is an introduction to the Philosophy of Mind. The objectives are:

1. To introduce students to some of the central problems and concepts in philosophy of mind.
2. To develop students abilities to understand and examine in detail the key arguments in Philosophy of Mind.
3. To provide the students a firm basis for the development of their philosophical knowledge and understanding to analyse the evaluate the key theories about nature of mind and its relation to the world.

Course Outcomes (Cos): After completing the course, the students will have

1. An overview of the most important directions within the philosophy of mind in the 20th century. to modern cognitive science.
2. An insight into issues that connect philosophy of mind to modern cognitive science.
3. An understanding to appreciate tha how human thinking involves context constituted by the body. that thinking extends beyond
4. An understanding that thinking extends beyond the brain and is embedded in the body's habitual encounters with the world.
5. A cognizance how concepts involve the role of sensory, motor, affective experiences and are thus embodied.

Detailed Syllabus:

Unit I: Perception. (Allotted 08 Lectures)

Dreams, Demons and Brains, Indirect Idealism, Skepticism, Appearance and Reality.

Unit II: Dualism (Allotted 07 lectures)

Minds and Brains, The indivisibility argument, The interaction problem.

Unit III: Materialism.

(Allotted 08 Lectures)

Reduction and Supervenience, Cause and Effect, Behaviorism, The Identity theory, Functionalism.

Unit IV: Consciousness.

(Allotted 07 Lectures)

Elementarism, Representationalism, Russellian identity theory, intentionality and Subjectivity.

Suggested Readings/Material:

1. Descartes, R. "Meditations II and VI". In *Philosophy of Mind: Classical and Contemporary Readings*, edited by David Chalmers, 10-21. Oxford: Oxford University Press, 2002.
2. Ryle, G. "Descartes' Myth," In *Philosophy of Mind: Classical and Contemporary Readings*, edited by David Chalmers, 32-38. Oxford: Oxford University Press, 2002.
3. Chalmers, David. "Naturalistic Dualism," In *The Blackwell Companion to Consciousness*, edited by Susan Schneider and Max Velmans, 263-273. Oxford: Wiley Blackwell, 2017.
4. अच्युत गोडबोले. "मनात," मनोविकास प्रकाशन, पुणे
5. Smart, J.J.C. "Sensation and Brain Processes". In *Philosophy of Mind: Oxford University Press*, 2002.
6. Putnam, H. "The Nature of Mental States." In *Philosophy of Mind: Classical and Contemporary Readings*, edited by David J. Chalmers, 73-79. Oxford: Oxford University Press, 2002.
7. Crane, T. *The Mechanical Mind: A Philosophical Introduction to Minds, Machines and Mental Representation*, (2nd edition) , New York: Routledge, 2003.
8. Levin, Janet. "Functionalism", *The Stanford Encyclopedia of Philosophy* (Fall 2018 Edition), Edward N. Zalta (ed.).
9. Hempel, Carl and Paul Oppenheim. "On the Idea of Emergence". In *Emergence: Cotemporary Readings in Philosophy and Science*, edited by Mark A. Bedau and Paul Humphreys, 61-68. Cambridge, The MIT Press, 2008.
10. Bahler, Brock. "Merleau-Ponty on Embodied Cognition: A Phenomenological Interpretation of Spinal Cord Epidural Stimulation and Paralysis". *Essays in Philosophy*, Vol. 17(2), 2016.
11. Velmans, Max "An Epistemology for the study of Consciousness" In *The Blackwell Companion to Consciousness* edited by Susan Schneider and Max Velmans, Wiley Blackwell, 2017.

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Syllabus
Open Elective (OE)

Title of the Course: Mind Management-I								
Year: I				Semester: II				
Course Type	Course Code	Credit Distribution		Credits	Allotted Hours	Allotted Marks		
		Theory	Practical			CIE	ESE	Total
OE-1	OE-1	03	00	03	45	30	70	100

Learning Objectives:

1. Acquaint Students with nature of human mind.
2. Familiarize students with process of human behaviour.
3. Develop the skill of managing mind.

Course Outcomes (Cos)

1. Develop understanding about human mind.
2. Develop understanding of various aspects of human mind.
3. Develop various skill of managing mind.

Detailed Syllabus:

Unit 1: Understanding Human Mind (15)

- 1.1 What is mind, nature and science
- 1.2 levels Of Mind: - Conscious, Subconscious & Unconscious
- 1.3 What Is Mind Management, How Mind Management Improve Life
- 1.4 Emotional intelligence and Emotional Management

Unit 2 Mind Management and Self-Programming Strategies-I (15)

- 2.1 Developing Creative Imagination, Locus of Control
- 2.2 Positive Affirmation, Affirmation Cards
- 2.3 Mental Diet: Overcoming Social Anxiety, Developing Self-Awareness
- 2.4 Removing Negative Thoughts, Developing Positive Thinking

Unit 3 Mind Management and Self-Programming Strategies-II (15)

- 3.1 Goals Setting, Meditation, Release Fears
- 3.2 Positive Visualization, Visualizing Success
- 3.3 Mindfulness and meditation
- 3.4 EFT- Emotional Freedom Techniques

Suggested Readings:

1. Das J.P.(1998)The working Mind. Sage Publication india Pvt. Ltd, New Delhi.
2. Daniel K. (2011) Thinking fast and slow Farrar, Straus and Giroux.
3. Pollan M. (2018) How to change your mind, Allen Lane.
4. Richlove J (2015) Mind Management